



The Safe and Effective use of Soft Restraint Equipment Award

Overview

This 1-day course is for those wishing to become a Safe and Effective user of Soft Restraint Equipment.

The equipment covered on the day will include all aspects of The Soft Restraint Kit®: The use of the Soft Restraint Belt 'SRB' (an updated version of the Emergency Response Belt 'ERB'), the application of Soft Cuffs 'SRC' and Safety Cuffs and Safe Holding System and how these modular products can work together, including any transitions from rigid metal cuffs to Soft Restraints.

We will also include training on the Safe and Effective use of the SEELS (Safer Emergency Enveloping Lifting Sling).

All Soft Restraint equipment are items of work equipment and their use in the United Kingdom is governed by PUWER (Provision and Use of Work Equipment Regulations). As per our requirements under Section 6 we do not supply kit without evidence of training.

Prerequisites

Delegates must hold a current Physical Intervention training or refresher certificate issued within the last 12 months. (We do provide Train the Trainer Awards for those who hold a training/teaching qualification to enable them to subsequently train others.)

Duration

1 day (e.g. 9am to 4pm). For those refreshing their training there is the option of completing the theory element online prior to the in-person practical element of the course.

Course Aim

The aim of this course is to instruct participants in the underpinning legal knowledge and the working principles of how to use Soft Restraint equipment safely and effectively and how to train and certify others (end-users) in the safe and effective use of the equipment.

Course Objectives

1. Identify the component parts of the soft restraint equipment.
2. Identify the risks associated with the use of the soft restraints.
3. Understand the health & safety implications with regards to the use of the soft restraints.
4. Understand the law in relation to the soft restraint as a use of force option.
5. Apply and remove the soft restraints in a safe and effective manner.

Safer Handling is a trading name of Defend Solutions Ltd

Company No. 08847025 Registered Office: Cotton Court, Church Street, Preston, Lancashire PR1 3BY, UK

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Web: www.safer-handling.co.uk and www.softrestraintkit.com



The Benefits of Soft Restraints include:

- Easy to use
- Very cost effective
- Reduces prolonged restraint
- Makes people handling easier
- Does not restrict breathing
- Has techniques for feeding, sitting someone down, carrying and moving subjects

Our training includes using the modular items of the soft restraint kit to provide bespoke solutions for your work sector and service uses. Delegates will receive a certificate, full electronic resource file and our full support during the period of their certification.

Doug Melia
Director and Lead Consultant

"The Safe Holding System allows us to manage our customers safely and reduces restrictive interventions. The work that has been done here is now being implemented in Long Bay also." **Forensic hospital, Malabar Australia**

"Doug's team are exceptional. The Soft restraints allow us to administer personal care and manage clinical interventions safely." **Cygnat Health**

"The training we receive from Safer-Handling is exceptional and has reduced staff injuries drastically." **Priory Group**

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